

## Aims & Objectives

*To give candidates confidence, and skills to deal with a first aid incident.*

*The candidate will:-*

- *Be aware of the current first aid protocols*
- *Be aware of the reporting procedures for accidents/injuries*
- *Be able to prioritise a multiple casualty incident*
- *Be skilled in CPR and current first aid techniques to deal with medical emergencies*

*This course is designed to fulfil the employer's requirement to assess the first aid needs of the business and to ensure that adequate numbers of 'suitable persons' are provided to administer first aid.*

*'Suitable Persons are those who have received training and acquired qualification approved by the HSE.*

*This one day course can be conducted at your premises for a maximum of 12 candidates.*

*Ashtree are an accredited training provider for the Health & Safety Executive (HSE).*

*HSE Registration 75/00*

*The HSE strongly recommend this Qualification is refreshed annually*




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## Ashtree Management Services Ltd

Registered Office: 13 Ruskin Close  
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## Emergency First Aid At Work (EFAW)



Ashtree Management Services Ltd



*Effective & Enjoyable Training*

**0800 9700 132**

# Emergency First Aid at Work

The correct response to give first aid to injured persons once an accident has occurred is of vital importance.

First aid provides treatment for the purpose of preserving life and minimising the consequences of injury or illness until medical help arrives.

It also provides treatment of minor injuries, which would otherwise receive no treatment.

Delegates on this course will receive an attendance certificate to show that they have received training under The Health & Safety (First Aid) Regulations 1981 & Approved Code of Practice, revised 1997.



**Abdominal Thrust**

## Course Content

- The aims of First Aiders
- The role & responsibilities of a First Aider
- Managing an incident
- Hygiene
- Assessing signs & symptoms
- Casualty Management
- Care of the unconscious casualty
- Recovery position
- Adult / childrens CPR
- Adult / childrens choking
- Action on minor injuries
- Action on seizures
- Severe bleeding
- Treatment for shock
- Recognising common heart conditions



**The Recovery Position**

## Course Instructors

Our instructors are recognised HSE (Health & Safety Executive) first aid trainers and have extensive experience in their field

## Course Structure

Numbers on the course are strictly limited to allow time for all delegates to practice the various first aid techniques. Each course can accommodate a maximum of 12 delegates.

This course links to NVQ Health & Social Care levels 2, 3 units 201, 202, 203, 302, 303.

The course is offered in-house. It will require the provision of a suitably sized room to allow all candidates adequate space to practice CPR on a resuscitation dummy.

There is no end of course test; certificates will be issued on the basis of tutor assessment of the candidate's skills.

Full candidate notes will be supplied.

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