

Course Overview

People with learning disabilities are entitled to express themselves sexually, the aim of this course is to ensure that each individual is enabled to express sexual identity and experience a range of relationships of their choosing. This does not mean support for abusive, violent or inappropriate sexual behaviours which could offend others.

The course is attendance certificated and will count towards City & Guilds Diplomas in Health & Social Care Levels 2 & 3

This one day course can be conducted at your premises for a maximum of 20 candidates



Ashtree Management Services Ltd

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Sexuality



Ashtree Management Services Ltd



Effective & Enjoyable Training

0800 9700 132

Sexuality

Is sexuality simply physical expressions of love, affection and desire or does it include:-

- Gender identity
- Friendships
- Self-esteem
- Body image and awareness
- Emotional development and social behaviour

Services should help service users to develop their sexuality in ways which they like and which are appropriate in a culturally diverse society.

People with learning disabilities are entitled to have private spaces of their own to use alone or with a friend or sexual partner. They have a right to privacy in their personal and sexual lives.

Course Aims

The aim of this course is to ensure that each individual is enabled to express their individual sexual identity and experience a range of relationships of their choosing.

Course Programme

This course covers the following topics:-

- Legal aspects
- What is sexuality
- Same sex relationships
- Sexual abuse and exploitation
- Sexual expression and relationships
- Confidentiality
- Privacy
- Pornography and sexual aids
- Sex education for service users



Sexuality

The course contains group exercises where carers can discuss and develop strategies used to give appropriate care and advice to service users.



Sexuality

This course is offered on an in-house basis at your premises for groups of up to 20 delegates

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