

## Learning Outcomes

*Delegates will:*

- *Be able to recognise different stages of Parkinson's disease.*
- *Be able to recognise signs & symptoms of the disease..*
- *Understand the impact the disease has on everyday activities.*
- *Will learn how to improve the wellbeing of the resident with Parkinson's disease.*
- *Will learn how good communicative skills can reduce the resident's frustrations and assist with the compilation of care plans*
- *Learn the importance of mobility aids*
- *Contribute to management of the condition*

*This half day course can be conducted at your premises for a maximum of 20 candidates.*



## Aims & Objectives

*This course aims to equip staff with the necessary skills to understand the debilitating condition of Parkinson's disease.*

*It aims to enable staff to assist with the very special emotional and practical needs of the resident and their family.*

*This course encourages the carer to feel part of a multi disciplinary team to further improve the wellbeing of the resident.*

### Ashtree Management Services Ltd

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# An Awareness into Parkinson's Disease

Ashtree Management Services Ltd



*Effective & Enjoyable Training*

**0800 9700 132**

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## An Awareness into Parkinson's Disease

*People suffering with Parkinson's Disease can continue to live a normal life but carers and relatives alike need to be aware that this is a degenerative disease. This course highlights how carers can recognise the signs & symptoms of the onset of Parkinson's disease. It also emphasises how each person's needs and support requirements will be different.*



*Help & support with communication may need to be given as the condition worsens, frustration may become apparent which can be emotionally and physically difficult for the sufferer to deal with.*

## Course Content

*The course covers the following topics:*

- *Recognising signs & symptoms*
- *Care Planning*
- *Managing the condition*
- *An awareness of pain relief*
- *Mobility and available aids*
- *Continence management*
- *Possible everyday difficulties*
- *Emotional Health & wellbeing*
- *Specialist Care*

*The course contains group exercises where carers are encouraged to discuss situations in which everyday occurrences can prove difficult for the resident, the carer and family / friends.*

*Delegates are encouraged to develop strategies to improve the management of residents' needs and wellbeing.*

## Course Instructors

*Our instructors are CIEH / HSE registered and have extensive experience in their field.*

*Numbers on the course are limited to a maximum of 20 candidates to allow for group exercises and discussions.*

*Course handouts are provided and the attendance certificates detail the course content for NVQ Health & Social Care Level 2 & 3.*



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