

Learning Outcomes

Delegates will:

- Be able to recognise different stages of Parkinson's disease.
- Be able to recognise signs & symptoms of the disease..
- Understand the impact the disease has on everyday activities.
- Will learn how to improve the wellbeing of the resident with Parkinson's disease.
- Will learn how good communicative skills can reduce the resident's frustrations and assist with the compilation of care plans
- Learn the importance of mobility aids
- Contribute to management of the condition

This half day course can be conducted at your premises for a maximum of 20 candidates.



Aims & Objectives

This course aims to equip staff with the necessary skills to understand the debilitating condition of Parkinson's disease.

It aims to enable staff to assist with the very special emotional and practical needs of the resident and their family.

This course encourages the carer to feel part of a multi disciplinary team to further improve the wellbeing of the resident.

The course will stimulate discussion and inspire ideas to enable delegates to analyse their own body language, listening / speaking ability and ensure they are correctly interpreting the needs of individuals in their care.

Ashtree Management Services Ltd

Registered Office:

13 Ruskin Close
Stowmarket
Suffolk
IP14 1TY

Freephone: 0800 9700 132
Fax: 08715 227747
Email: sales@ashtree.co.uk



An Awareness into Parkinson's Disease

Ashtree Management Services Ltd



Effective & Enjoyable Training

0800 9700 132

An Awareness into Parkinson's Disease

People suffering with Parkinson's Disease can continue to live a normal life but carers and relatives alike need to be aware that this is a degenerative disease. This course highlights how carers can recognise the signs & symptoms of the onset of Parkinson's disease. It also emphasises how each person's needs and support requirements will be different.



Help & support with communication may need to be given as the condition worsens, frustration may become apparent which can be emotionally and physically difficult for the sufferer to deal with.

Course Content

The course covers the following topics:

- *Recognising signs & symptoms*
- *Care Planning*
- *Managing the condition*
- *An awareness of pain relief*
- *Mobility and available aids*
- *Continence management*
- *Possible everyday difficulties*
- *Emotional Health & wellbeing*
- *Specialist Care*

The course contains group exercises where carers are encouraged to discuss situations in which everyday occurrences can prove difficult for the resident, the carer and family / friends.

Delegates are encouraged to develop strategies to improve the management of residents' needs and wellbeing.

Course Instructors

Our instructors are CIEH / HSE registered and have extensive experience in their field.

Numbers on the course are limited to a maximum of 20 candidates to allow for group exercises and discussions.

Course handouts are provided and the attendance certificates detail the course content for City & Guilds Diplomas in Health & Social Care Level 2 & 3.



Ashtree Management Services Ltd

Registered Office:
13 Ruskin Close
Stowmarket
Suffolk
IP14 1TY

Freephone: 0800 9700 132
Fax: 08715 227747
Email: sales@ashtree.co.uk