

Legal Notice

The information and instruction in this course is designed to make carers aware of the risks involved in the manual handling of clients, and offer some solutions to reduce those risks arising from such manual handling operations.

In designing this course, the authors have assumed that the individuals who will undertake the physical exercises, handling techniques, and other pursuits within this course are fit to do so. The information and advice given throughout this course is the best available at the point of publication. However, all manual handling operations carry an element of risk. Therefore, Ashtree Management Services Ltd can carry no responsibility whatsoever for injuries or mishaps howsoever caused either resulting from the course, or arising from decisions made following the course.



Patient Handling Hoist

Course Duration

Manual Handling Awareness

Duration: 6 hours

Manual Handling Refresher

Duration: 3 hours

Each course can accommodate a maximum of 12 delegates.

Ashtree Management Services Ltd

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Moving & Handling for Healthcare Professionals

Ashtree Management Services Ltd



Effective & Enjoyable Training

0800 9700 132

Moving & Handling for Healthcare Professionals

Aims & Objectives

To increase healthcare providers awareness of the possible injuries to themselves and to enable them to carry out client transfer operations safely, with dignity and comfort.

Learning Outcomes

All care staff should be aware of

- Care staff legal responsibilities and importance of risk assessment
- Safe back positions
- Techniques of client transfers
- Transfer aids and how it feels to be moved using them.
- How to hoist safely
- Importance of communication with client when transferring
- Importance of maintaining client dignity.

Delegates on this course will receive an attendance certificate to show that they have received training under the Manual Handling Operations Regulations 1992.

This course links to NVQ Health & Social Care levels 2, 3 units 202, 203, 223, 303.



Patient Handling Belt

Course Programme

- Causes of Back/Shoulder Injuries.
- Employer/Employee legal responsibilities.
- The Manual Handling Operations Regulations 1992.
- The policy of the Royal College of Nursing.
- Safe back posture.
- Banned Lifts.
- Techniques of Client Transfers.
- Use of Transfer Aids.
- Workshop on handling difficulties



Wheelchair Transfer

Course Instructors

Our instructors are nurse trainers, members of the National Back Exchange, hold the Certificate in Education and have been trained by the Royal Society in the Prevention of Accidents and the Disabled Living Foundation as instructors and assessors.

Manual Handling Refresher

This 3 hour practical session is designed to update carers with the latest transfer techniques recommended by the Royal College of Nursing.

All delegates will be able to see demonstrations of and practice the techniques using equipment to increase both patient/resident and carer safety, and patient comfort and dignity.

These courses are conducted at your premises to enable delegates to practice their transfer techniques in the actual surroundings and with the equipment they use everyday.

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