

Aims & Objectives

To give candidates confidence and skills to deal with a first aid incident.

The candidate will:-

- *Be aware of the current first aid protocols*
- *Be aware of the reporting procedures for accidents/ injuries*
- *Be able to prioritise a multiple casualty incident*
- *Be skilled in CPR and current first aid techniques to deal with medical emergencies*

This course is designed to fulfil the employer's requirement to assess the first aid needs of the business and to ensure that adequate numbers of 'suitable persons' are provided to administer first aid.

'Suitable Persons are those who have received training and acquired qualification approved by the HSE.

This three day course can be conducted at your premises for a maximum of 12 candidates.



Ashtree Management Services Ltd

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First Aid at Work Certificate



Ashtree Management Services Ltd



Effective & Enjoyable Training

0800 9700 132

Fist Aid at Work Certificate

The correct response to give first aid to injured persons once an accident has occurred is of vital importance.

First aid provides treatment for the purpose of preserving life and minimising the consequences of injury or illness until medical help arrives.



Anaphylactic Shock

It also provides treatment of minor injuries, which would otherwise receive no treatment.

This 3 day course will equip delegates with the training and qualification as required by the HSE to prove they are a 'suitable' person to render first aid to employees if they are injured or become ill at work.

Ashtree Management Services Ltd are registered with the HSE to deliver all accredited First Aid training
Reg No 75/00



Abdominal Thrusts

Course Content

- Assessment
- Accident Scene management
- Circulation, Wounds, Bleeding, Shock
- Respiration, Asphyxia
- CPR, Artificial Ventilation, Recovery Position
- Heart Attacks, Unconsciousness
- Fracture, Sprains, Dislocation
- Burns, Scalds, Chemicals
- Poisons, Electric Shock
- Medical Emergencies
- Crush & Spinal Injuries



The Recovery Position

Course Instructors

Our instructors are recognised HSE (Health & Safety Executive) first aid trainers and have extensive experience in their field

Course Structure

Numbers on the course are strictly limited to allow time for all delegates to practice the various first aid techniques.

Each course can accommodate a maximum of 12 delegates.

This course is offered on an in-house basis. It will require the provision of a suitably sized room to allow all candidates adequate space to practice CPR on a resuscitation dummy.

The end of course test will consist of a practical assessment of competence. Full candidate notes will be supplied.

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