

## Aims & Objectives

*To give candidates confidence, and skills to deal with a first aid incident.*

*The candidate will:-*

- *Be aware of the current first aid protocols*
- *Be aware of the reporting procedures for accidents/injuries*
- *Be able to prioritise a multiple casualty incident*
- *Be skilled in CPR and current first aid techniques to deal with medical emergencies*

*This course is designed to specifically fulfil the Social Care sectors requirement to assess the first aid needs of the business and to ensure that adequate numbers of 'suitable persons' are provided to administer first aid.*

*Ashtree Management Services Ltd are accredited with the HSE to deliver approved First Aid training.*

*HSE reg No 75/00*

*This one day course can be conducted at your premises for a maximum of 12 candidates.*



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## Ashtree Management Services Ltd

Registered Office: 13 Ruskin Close  
Stowmarket  
Suffolk  
IP14 1TY

Freephone: 0800 9700132  
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## First Aid in Social Care



Ashtree Management Services Ltd



*Effective & Enjoyable Training*

**0800 9700 132**

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## Fist Aid in Social Care

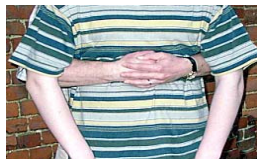
The correct response to give first aid to injured persons once an accident has occurred is of vital importance.

First aid provides treatment for the purpose of preserving life and minimising the

consequences of injury or illness until medical help arrives.

It also provides treatment of minor injuries, which would otherwise receive no treatment.

Delegates on this course will receive an attendance certificate to show that they have received training under The Health & Safety (First Aid) Regulations 1981 (supported by an Approved Code of Practice, revised 1997).



**Abdominal Thrust**



**Anaphylactic Shock**

## Course Content

- The aims of first aiders
- The role & responsibilities of First Aiders in Social Care
- Hygiene in First Aid
- Managing an incident
- Assessing signs & symptoms
- Casualty management
- Recovery position
- CPR
- Action on choking
- Action on electrocution
- Action on seizures
- Severe bleeding & head injuries
- Treatment for shock
- Signs & symptoms of Stroke
- Action on burns
- Action on Asthma & Poisons
- Action on Heart conditions
- Anaphylactic shock



**The Recovery Position**

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## Course Instructors

Our instructors are recognised HSE (Health & Safety Executive) first aid trainers and have extensive experience in their field

## Course Structure

Numbers on the course are strictly limited to allow time for all delegates to practice the various first aid techniques. Each course can accommodate a maximum of 12 delegates.

This course links to City & Guilds Diplomas in Health & Social Care levels 2, 3

The course is offered in-house. It will require the provision of a suitably sized room to allow all candidates adequate space to practice CPR on a resuscitation dummy.

There is no end of course test; certificates will be issued on the basis of tutor assessment of the candidate's skills.

Full candidate notes will be supplied.

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