

Learning Outcomes

Delegates will:

- *Be able to define the types of epilepsy.*
- *Understand the causes of epilepsy.*
- *Recognise the signs and symptoms of epilepsy*
- *Know how to deal with the situation during / after the seizure*
- *Be able to recognise the possible patient specific triggers & develop strategies to reduce recurrence.*
- *Understand how everyone has the basic human right to Dignity & Respect*

The course is attendance certificated and will count towards City & Guilds Diplomas in Health & Social Care Levels 2 & 3

This half day course can be conducted at your premises for a maximum of 20 candidates



Aims & Objectives

This half day course is appropriate for carers and support staff working in any health and social care service that have contact with people who suffer with or are likely to develop this condition.

It is an introductory programme that would be beneficial to anyone who has not accessed training on epilepsy before or who is seeking to refresh any previous training.

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Epilepsy Awareness

Ashtree Management Services Ltd



Effective & Enjoyable Training

0800 9700 132

Epilepsy awareness

An epileptic seizure (often called a fit and sometimes an attack, turn or blackout) happens when ordinary brain activity is suddenly disrupted.

A person with epilepsy can experience more than one type of seizure. The frequency, length and pattern of seizures tends to be fairly constant for each person, although it may change in the longer term. If a person becomes aware of any changes to their seizures it may be helpful to have a review of their epilepsy and its treatment.



This course is designed for all involved within the Care Sector & allows the carer to recognise the signs / symptoms of the patient. It enables the carer to deal with the situation in a caring manner, minimising anxiety & considering the patients dignity / respect.

Course Content

- *Typical causes*
- *Different types*
 - *Partial seizures*
 - *Generalised seizures*
 - *Nocturnal seizures*
- *General triggers*
- *Recognising seizures*
 - *signs / symptoms*
- *Action to take during the seizure*
- *Action to take after the seizure*
- *When to call for medical assistance*
- *Dignity & Respect*



Course Structure

The course contains open discussion periods where delegates can talk through their experiences with the group and define the type of seizure & action taken.

Numbers on the course are limited to a maximum of 20 candidates to allow for the group exercises and discussions.

Course handouts are provided and the attendance certificates detail the course content for City & Guilds Diplomas in Health & Social Care Level 2 & 3.

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