

## Aims & Objectives

*To update candidates in the latest CPR protocols and life saving techniques in accordance with the Health & Safety Executive and Resuscitation Council Guidelines 2005.*

*The candidate will:-*

- *Be aware of the current protocols*
- *Be skilled in CPR and current first aid techniques to deal with medical emergencies*
- *Have confidence in order to carry out First Aid treatment if the need arises.*
- *Be capable of recognising conditions related to the Elderly.*
- *Be aware of reporting procedures within your environment.*

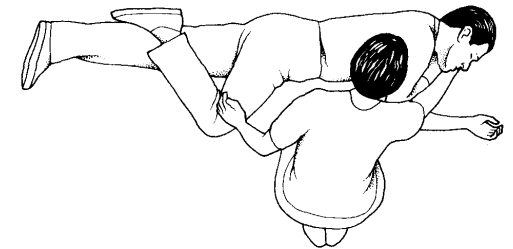
*This course is designed to update the employees knowledge and skill.*

*Also to fulfil the employer's requirement to provide suitable training and information to the employee in order for them to carry out tasks safely*

*This 3 hour course can be conducted at your premises for a maximum of 12 candidates.*



# Emergency First Aid for Carers of the Elderly



## Ashtree Management Services Ltd

Registered Office: 13 Ruskin Close  
Stowmarket  
Suffolk  
IP14 1TY

Freephone: 0800 9700132  
Fax: 08715 227747  
Email: [sales@ashtree.co.uk](mailto:sales@ashtree.co.uk)



**Ashtree Management Services Ltd**

*Effective & Enjoyable Training*

**0800 9700 132**

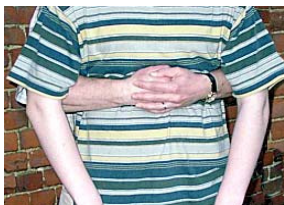
## First Aid specific to the needs of the Elderly

Different work groups have varying First Aid needs. The Care industry is no different and looks after the well being of the Elderly. In this environment, staff have to be trained to recognise various medical conditions and be confident to deal with injuries arising from slips, trips and falls.

CPR is the most effective form of active resuscitation available today and is used by First Aiders and medical personnel around the world.

The methods of various life saving techniques have and will continue to evolve as the knowledge base expands, it is for this reason that all first aiders and medical practitioners need to keep updated of the improved techniques and protocols.

Delegates on this course will receive an attendance certificate to show that they have received training in accordance with the latest HSE and Resuscitation Council guidelines Dec 2005.



## Course Content

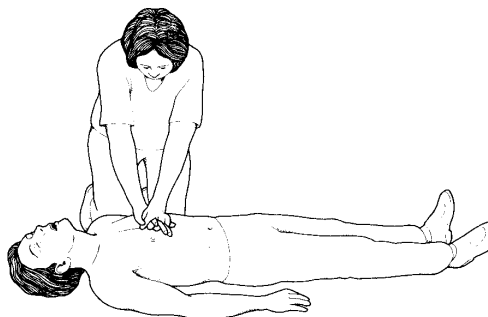
- Contents of the First Aid box
- Managing a First Aid incident
- Making a diagnosis
- Casualty management (DRABC)
- Life support and CPR (05 guidelines)
- Recovery position
- Action on choking
- Heart conditions
- Recognising / actions on Stroke
- Injuries resulting from Slips, trips & falls:

Head trauma

Fractures

Wounds

Shock



## Course Instructors

Our instructors are recognised HSE (Health & Safety Executive) first aid trainers and have extensive experience in their field

## Course Structure

Numbers on the course are strictly limited to allow time for all delegates to practice the various practical techniques. Each course can accommodate a maximum of 12 delegates.

The course is offered in-house. It will require the provision of a suitably sized room to allow all candidates adequate space to practice CPR on a resuscitation dummy and the correct use of the Recovery Position.

There is no end of course test; certificates will be issued on the basis of tutor assessment of the candidate's skills.

Full candidate notes will be supplied.

---

## Ashtree Management Services Ltd

Registered Office: 13 Ruskin Close  
Stowmarket  
Suffolk  
IP14 1TY

Freephone: 0800 9700132  
Fax: 08715 227747  
Email: [sales@ashtree.co.uk](mailto:sales@ashtree.co.uk)