

Learning Outcomes

Delegates will:

- *Be able to define the types of diabetes.*
- *Understand the causes of diabetes.*
- *Be aware of the possible complications & long term effects of diabetes.*
- *Understand who is most at risk.*
- *Recognise the signs and symptoms of both types of diabetes*
- *Be capable of treating the patient until emergency assistance arrives if required*
- *Understand how everyone has the basic human right to Dignity & Respect*

The course is attendance certificated and will count towards City & Guilds Diplomas in Health & Social Care Levels 2 & 3



Aims & Objectives

This half day course is appropriate for carers and support staff working in any health and social care service that have contact with people who suffer with or are likely to develop this condition.

It is an introductory programme that would be beneficial to anyone who has not accessed training on diabetes before or who is seeking to refresh any previous training.

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Diabetes Awareness

Ashtree Management Services Ltd



Effective & Enjoyable Training

0800 9700 132

Diabetes

It can be difficult to diagnose the onset of diabetes but without treatment diabetics accumulate high levels of sugar (glucose) in their blood. The glucose then starts to appear in the urine which can be picked up by chemical analysis.

In some instances there can be no obvious reason why some people are more prone to suffer with diabetes than others.



This course is designed for all involved within the Care Sector & allows the carer to recognise the signs / symptoms of the patient. It enables the carer to deal with the situation in a caring manner, minimising anxiety & considering the patients dignity / respect.

Course Content

- *Typical causes.*
- *Who is most at risk.*
- *Different types*
 - *Type 1, Type 2.*
- *The relationship between glucose & insulin.*
- *Recognising the 2 types*
 - *signs / symptoms.*
- *Action to be taken.*
- *Complications & long term effects.*
- *When to call for medical assistance*
- *Dignity & Respect*



Course Structure

The course contains open discussion periods where delegates can talk through their experiences with the group and define the type of diabetes & action taken.

Numbers on the course are limited to a maximum of 20 candidates to allow for the group exercises and discussions.

Course handouts are provided and the attendance certificates detail the course content for City & Guilds Diplomas in Health & Social Care Level 2 & 3.

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