

Learning Outcomes

Delegates will:

- *Understand what dementia is*
- *Understand that dementia affects people in different ways*
- *Understand that quality dementia care focuses on what a person can still do rather than on what they are now unable to do*
- *Understand the importance of good communication in providing quality dementia care*
- *Be able to identify ideas and methods to improve the well-being of people with dementia in their care*

This one day course can be conducted at your premises for a maximum of 20 candidates



Aims & Objectives

This course is designed to provide care staff with a practical and thought-provoking introduction to dementia care.

The course will stimulate discussion and inspire ideas to enable delegates meet the needs of individuals in their care.

Ashtree Management Services Ltd

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Care of the Confused (Dementia)

Ashtree Management Services Ltd



Effective & Enjoyable Training

0800 9700 132

Care of the Confused (Dementia)

Dementia is a serious illness that requires much help from a person's friends, family and carer to manage.

As people live longer, and as the "baby boom" generation ages, dementia is increasingly likely to affect us directly or indirectly at some point in our lives.

The purpose of this course is to help provide an introduction to some common aspects of dementia. While research is progressing to understand the causes of dementia and to develop more effective treatments, it remains a significant challenge for us to deal with.



Course Content

The course covers the following topics:

- *Attitudes towards people with Dementia*
- *What it might be like to experience dementia and the impact dementia has on others*
- *Causes, signs and symptoms of Dementia*
- *Helping people with dementia retain their independence and skills, for as long as possible*
- *Communication with other care workers, people with dementia, their families*

The course contains group exercises where carers can discuss medical conditions they deal with and strategies used to give appropriate care.



Course Instructors

Our instructors are nurse trainers and NVQ assessors and have extensive experience in their field.

Numbers on the course are limited to a maximum of 20 candidates to allow for group exercises and discussions.

Course handouts are provided and the attendance certificates detail the course content for NVQ Health & Social Care Level 2 & 3.

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