

Aims & Objectives

This half day course is appropriate for carers and support staff working in any health and social care service.

It is an introductory programme that would be beneficial to anyone who has not accessed training on bereavement issues before or who is seeking to refresh any previous training.

The course is attendance certificated and will count towards City & Guilds Diplomas in Health & Social Care Levels 2 & 3

This half day course can be conducted at your premises for a maximum of 20 candidates.



Ashtree Management Services Ltd

Registered Office:
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Bereavement & Loss Awareness

Ashtree Management Services Ltd



Effective & Enjoyable Training

0800 9700 132

Bereavement & Loss Awareness

Healthcare professionals play an important role in supporting the bereaved. It is a task requiring sensitivity, imagination and understanding.

This introductory half day course addresses these issues and is designed to offer practical advice and coping strategies for all care and community staff.



Course handouts are provided and the attendance certificates detail the course content for City & Guilds Diplomas in Health & Social Care Level 2 & 3.

Numbers on the course are limited to a maximum of 20 candidates to allow for the group exercises and discussions.

Course Aims

- *To consider bereavement in its broadest context & to discuss current thinking, research & its application to practice.*
- *To explore with delegates their particular anxieties and difficulties within the care environment and to address these issues.*
- *To encourage and empower healthcare professionals in supporting the bereaved.*
- *To provide a framework for understanding the psychological, social and cultural nature of loss including theories of grief, stress, trauma etc.*
- *To provide the skills necessary to work with peoples' loss including listening, identification of feelings, planning strategies.*
- *To provide the strategies and skills necessary to integrate loss and grief into the day to day work of healthcare staff.*

Course Programme

- *Types of loss*
- *Pattern of grief and mourning*
- *Signs of unresolved grief*
- *Communication skills and useful techniques*
- *Types of support*
- *Needs of a bereaved person*
- *Empathic listening*
- *Self awareness*
- *Service users and bereavement*
- *Responses to bereavement*
- *What staff can do*
- *Preparing someone for Bereavement*
- *Procedures in the event of a death*

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