

## Course Objectives

*By the end of the course participants should:*

- *Show how to train first aiders in the basic use of Automated External Defibrillators*
- *State the AED guidelines, and technician course details*
- *Explain the causes of sudden cardiac arrest, presenting rhythms and the physiology of the heart*
- *Identify how defibrillation works*

*The course is offered on an in-house basis for a maximum of 12 candidates.*



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### Ashtree Management Services Ltd

Registered Office: 13 Ruskin Close  
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# Automated External Defibrillator (AED) Trainer Course

Ashtree Management Services Ltd



*Effective & Enjoyable Training*

**0800 9700 132**

## Automated External Defibrillator (AED), Trainer Course

Heart disease is the biggest cause of untimely death in the UK and in the case of a person who has suffered a heart attack, and gone into cardiac arrest, the time most casualty's will need defibrillation (a controlled electric shock to correct the heart's action) and the quicker this is applied the higher the chances of survival.

The programme covers the practical procedures undertaken when using an AED and provides the background knowledge required by a trainer.

### Assessment

A certificate of competence will be issued to all successful delegates. Which is valid for 3 years.



First Aid Kit

### Course Duration

This one day programme is designed for those wishing to teach students to use the AED. This course may be modified to half day for those with relevant training qualifications.

## Course Programme

### Training Techniques

- Planning the sessions
- Aims & Objectives
- Timing
- Importance of feedback – feedback sandwich
- Special needs & personal tuition
- Confirmation criteria

### Use of AED

- CPR and pathophysiology after cardiac arrest
- Function of the AED
- Safety precautions
- Types of AED
- Work stations and practical

The course is trainer led, with a highly practical content, giving the students the opportunity to practise all procedures.



The Recovery Position

## Entry Requirements

Delegates on this course must hold one of the following qualifications

- Health & Safety Executive - Current First Aid at Work Certificate
- Current CPR Certificate
- Current Appointed Person Certificate

Delegates should also have a good knowledge of anatomy and physiology. Some experience of training others would be an advantage

## In-House Courses

This course may be delivered at your premises for groups up to 12 delegates. It will require the provision of a suitably sized room to allow all candidates adequate space to do the practice sessions.

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